

**CENTRAL TEXAS CHAPTER OF US LACROSSE
CENTRAL TEXAS YOUTH LACROSSE ASSOCIATION
BOY'S YOUTH LACROSSE
2009 RULES WAIVERS FOR JUNIOR/SENIOR DIVISIONS
REVISED DURING JANUARY 2009 MEETING AS AGREED UPON BY CTYLA
BOARD.**

In an attempt to keep the Central Texas Chapter of US Lacrosse (CTX USL) rules as close as possible to those followed by the Texas High School Lacrosse League (with some age appropriate adjustments) the following rules apply to the Central Texas Youth Lacrosse Association (CTYLA). These rules exist to promote the appropriate development of the game/players at the youth level.

The 7/8th grade Championship division (Senior RED) will follow the 2009 NCAA rulebook and the Texas High School Lacrosse waivers and will be exempt from all youth waivers with the exception of Rule 4-15 body checking.

The 2009 NCAA Lacrosse Rulebook and the 2009 USLYC Rules will be used unless a specific modification is listed on this sheet. Parentheses indicate the section of the NCAA Rulebook, which pertains to the modification.

SITE ADMINISTRATOR ~ the home team will provide a Game Site Administrator. The Game Site Administrator will present themselves to the referee prior to the opening face-off. Failure to present a Game Site Administrator prior to the game will result in a 30 second penalty to the home team. The Game Site Administrator will be responsible in-part for the administration of the Sportsmanship Card and insuring that the program policies are adhered to by all participants.

PLAYING FIELD (1-2) ~ Play on regulation size field is preferred. However, both Head Coaches may agree to play on any size field available.

GOALS & NETS (1-3 & 1-5) ~ the goals & nets at game sites shall be legal as they are. The NCAA rules as to the color, size and type of pipe shall not apply. However, the home team should make every effort to comply with the NCAA rules & specifications.

TABLE AREA, TEAM BENCHES (1-10) ~ only players serving penalty time, players ready to substitute on the fly, and official scorers and timers are allowed in the special substitution area. The CTYLA permits the Home team to have three adults in this area: One to keep score, one to work the game clock and one to track penalty time. All adults will confine themselves to the table area. The Visiting team is permitted a maximum of two people in the table area. If the Home team cannot provide enough adults, the visiting team will be expected to perform these tasks. Any violation of this rule will result in a delay of game penalty being called against the team violating this provision.

COACHING BOX, TEAM BENCH AREA (1-11) ~ CTYLA permits a maximum of 3 coaches/assistants /trainers per team in the bench area or coaching box. Any violation of this rule will result in a delay of game penalty being called on the team that the violator(s) is affiliated.

LIMIT LINES, SPECTATOR & MEDIA RESTRICTIONS (1-14) ~ Limit lines are not required, however, spectators and media are not allowed behind the end lines or immediately behind the benches or table areas. Spectators attending CTYLA events will watch games from the opposite side of the field from coaches and players. Site Administrators are responsible for enforcing this rule and should remind coaches and spectators to comply. Any violation of this rule will result in a delay of game penalty being called. Exception: If field constraints require that spectators be on the same side of the field as the bench area they should remain a reasonable distance from the bench area and refrain from coaching their children.

CROSSE DIMENSIONS (1-17)~ For 5th/6th Grade (Junior Division) Teams the length of the Crosse may be 37 to 42 inches for offensive players and 37 to 72 inches for defensive players.

PERSONAL EQUIPMENT (1-21) ~ Home teams are responsible for contrasting jersey colors and will wear pinneys, if needed. Shorts, underjersies, compression shorts and sweat pants may vary in color but underjersies must be tucked in if extending below the waist. Gloves may be taped-up if the fingers and or palms are not present but none of the protective features may be altered in any way. Gloves may vary in color. Baseball shoes (metal / hard plastic cleats) are not permitted.

TIMEKEEPER (2-11) ~ The Home team will provide the timekeeper. If the Home team cannot provide a timekeeper the visiting team will do so. At all game sites, the Official shall end each period with a sounding of a whistle, whether or not the field is equipped with a visible game clock and a loud automatic horn.

LENGTH OF GAME (3-1) ~ the regulation playing time of a game for all CTYLA events shall be 40 minutes, divided into 4 periods of 10 minutes each. Exception: If weather or waning light warrants an abbreviated playing time both head coaches must agree to the time, whether it be a reduced stop clock or a running clock.

SUDDEN-VICTORY OVERTIME (3-5) ~ In the event of a tie at the end of at the end of regulation, a single 4 minute sudden-victory overtime period will be played for regular season games. One time-out per team will be allowed in OT. Playoff games will include sudden-victory overtime if required. One time-out for each team will be granted for each OT period.

INTERRUPTION OF GAME (3-6) ~ if a game is interrupted because of events beyond the control of the responsible authorities, it shall be continued from the point of interruption unless the Head Coaches agree otherwise. Exceptions: All interrupted Playoff games and District Championship games will be played in their entirety.

PLAY OF THE GAME (4) ~ the game is to be played with emphasis on the proper development of stick, team, and sportsmanship skills.

FACING OFF (4-3) ~ Advantage Rule at 5 goal difference. At any time during the game there is a 5 goal difference face-offs will continue; however if the leading team gains possession play will be stopped advantage declared and the trailing team will be awarded the ball at midfield. Face-offs at the Championship (RED) and Competitive (BLUE) divisions at the 5/6 level will follow 2007 NCAA rules. (i.e. the face-off player does not have to exit the field for a violation.)

THREE PASS RULE (4-3a) ~ All CTYLA teams with a five-goal lead are required to complete three consecutive passes while in their offensive half of the field (a pass through to "X") before attempting a shot on goal. If a ball is deflected but still caught in the offensive half of the field before it hits the ground (by an offensive player) the three pass count continues. The three pass count is reset whenever the ball hits the ground or the defensive team gains possession.

The 3-Pass and Advantage rule may not be waived at any level.

ADVANCING THE BALL (4-13/14) ~ the 10 and 20 second counts are used for all CTYLA 7/8th grade games. **The counts are enforced for 5/6th grade game solely in the last two minutes of regulation and any overtime period.**

BODY CHECKING (4-15) ~ "Limited" Body checking is permitted. However, CTYLA members agreed that "take-out" checks would not be taught or tolerated on the field of play. "No Tolerance", Take-out checks, as defined by the CTYLA, are as follows:

1) Definition: A Take-out check is when the player lowers his head or shoulder with the force and intent to take out (*put on the ground) the other player. Players may make contact in an upright position within five yards of the ball. An offensive player who "charges" a defender by lowering his head and shoulder with the intent of hitting the defending player is considered a take-out check.

2.) The Classic Buddy Pass: Generally a long pass situation where the player receiving the ball can be blindsided by a player on the opposing team who is pursuing him (they are both within 5 yards of the ball). While the hit is legal, the CTYLA wants to enforce playing the ball.

3.) Any take-out checks in this situation will be penalized as "unnecessary roughness". The offending player will serve a 1 minute, non-releasable penalty. Unnecessary roughness calls on the same team will be penalized on an escalating scale; first offense 1 minute, second offense 2 minutes, and third offense 3 minutes resulting in expulsion from the game. The player committing the third foul is subject to expulsion whether or not the foul committed is the first foul for that specific player. The official can assess a two or three minute penalty on the first offense if a severe check warrants such a call.

4.) Man/Ball Play: Player "A" is within five yards of the ball but is obviously not making any attempt for the ball nor does he even appear entirely aware of the ground ball play. If such a player is checked with excessive force (take-out check) by a player on the

opposing team and it's obvious that the offending player was not making a play for the ball, an "unnecessary roughness" penalty will result as well.

At the 5/6th grade (JUNIOR) level, a ground ball situation in which there are multiple players "**swarmed**" around a ground ball will be considered a play-on situation. If no possession is gained then the ball is awarded by alternate possession. The intent is to prevent injuries and to keep the ball off the ground as much as possible.

OFFICIAL TIMEOUTS (4-26) ~ CTYLA Officials are required to suspend play immediately when they see a player is injured and that player is not re-entering the game. The Player's coach should tend to the player and remove him from the field of play as soon as possible. Whether or not a player is in the scrimmage area is not important. These players are young boys and our first priority is their safety. The injured player must leave the field until the next dead ball situation.

SLASHING (5-7) ~ All stick checks at the 5/6th (JUNIOR) level must be two handed, 7/8th players are exempt from this and may use one handed checks. A slash does not have to make contact to be a penalty if, in the judgment of the official, the player did not exhibit control. This is a developmental league for many of our players and these are good habits to reinforce.

UNSPORTSMANLIKE CONDUCT (5-10) ~ No player, substitute, non-playing member of a squad, coach, parent or anyone officially connected with a competing team shall: Use threatening, profane or obscene language or gestures at any time during the game. Non-compliance of this rule will result in a one-minute, non-releasable penalty. Face paint is considered to be non-verbal taunting and will not be tolerated. Officials will warn players and coaches to remove the paint if noticed. Eye black that does extend below the bottom of the nose is acceptable.

SIZE DISPARITY ~ Like-sized athletes of comparable ability should play together on all CTYLA teams. This may require some exceptional players to move up to the next level. Exception: If a program requires a player of exceptional ability and size to play within his grade level division, those players should play defense or goalie. If they play offense they should be feeders only. Each program is responsible for adhering to the spirit of this ruling.